



## September 2021 Newsletter

### Autumn programme of online sessions and music-making

Back to school! We are pleased to announce that After School and Home School Clubs are starting again! These sessions are aimed at people of all ages with Profound and Multiple Learning Disabilities or Severe Learning Disabilities. Come along for fun, multi-sensory music-making together! Please sign up here: <https://www.soundabout.org.uk/clubs/>. After School Club with Karen is starting on 13th September and Home School Club with Georgie on 8th September 2021.

Soundabout is here for you whatever your situation is, and we've got a program full of activities!

As we reach a new term and lots of people's schedules are changing, we are testing out a new way for you to be able to access our online sessions more easily. From week beginning 13th September, we will be sending a weekly email with links to view our daily Hello and Goodnight Songs and to book in for our Home School and After School Club zoom sessions. If you'd like to receive the "Soundabout Families" email, click here to sign up: <https://www.soundabout.org.uk/sign-up/> (simply tick the 'Soundabout Families weekly email').

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<b>ONLINE</b> Music Making Sessions		<b>soundabout</b>				
6th September - 23rd December 2021						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am	Hello Song	Hello Song	Hello Song	Hello Song	Hello Song	
11am	Routine Song Facebook	Routine Song Facebook	Routine Song Facebook Home School Zoom*	Routine Song Facebook Soundabout Families YouTube	Routine Song Facebook	
2pm		Soundabout Live! Facebook				Soundabout Live! Facebook
5pm	After School Club Zoom*					
6:30pm	Goodnight Song	Goodnight Song	Goodnight Song	Goodnight Song	Goodnight Song	



[facebook.com/SoundaboutUK](https://facebook.com/SoundaboutUK)



[Youtube.com/Soundabout](https://Youtube.com/Soundabout)



To book Zoom sessions go to <http://soundabout.org.uk/clubs>

## The Inclusive Choir expands!

The Soundabout Inclusive Choir family is growing fast... and we'd love you to be part of it! From September there will be 12 choirs to choose from, offering a combination of virtual and face-to-face rehearsal sessions. They are completely FREE to attend (with an optional £5 donation) and welcome people of all abilities who love to make music.

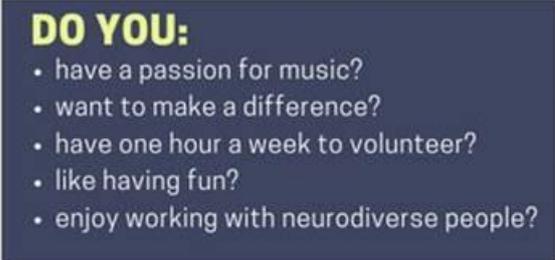
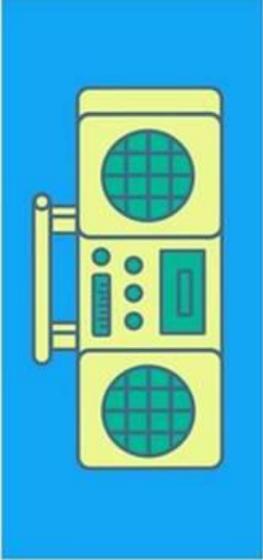
<b>Youth Choirs (under 25s):</b>	<b>Choir for All Ages:</b>
<ul style="list-style-type: none"><li>• Birmingham</li><li>• Peterborough</li><li>• West Midlands</li></ul> <p>(online only)</p> <ul style="list-style-type: none"><li>• Coventry</li><li>• Sandwell</li><li>• Wiltshire</li><li>• Oxford Youth</li><li>• Solihull</li><li>• Worcestershire</li></ul>	<ul style="list-style-type: none"><li>• Bristol</li><li>• Leicestershire</li><li>• Oxford</li></ul>

Keep up to date on the choir web pages: <https://www.soundabout.org.uk/soundabout-inclusive-choir/>

**Exciting new volunteer project – Music Buddies!**

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**MUSIC BUDDIES**  
**A NEW VOLUNTEER OPPORTUNITY**

**STARTING SOON**

**DO YOU:**

- have a passion for music?
- want to make a difference?
- have one hour a week to volunteer?
- like having fun?
- enjoy working with neurodiverse people?

**IF SO CONTACT [INFO@SOUNDABOUT.ORG.UK](mailto:info@soundabout.org.uk) TO GET INVOLVED  
IN THIS NEW EXCITING VOLUNTEER-LED MUSIC OPPORTUNITY!**

Music Buddies is a new volunteer opportunity, to work alongside another volunteer to deliver a fun, participant-centred music-making session, to share songs, music, sounds, dancing and generally have lots of fun! This project will be running initially as a six-month pilot scheme. The two volunteers will set up regular Zoom meet-ups with their group of three. The Zoom sessions will be no longer than 30 minutes. These short, fun sessions are simply a way to share our favourite songs and music online. They will largely be participant-led whenever possible. If you would like to know more about this new opportunity, please email us at [info@soundabout.org.uk](mailto:info@soundabout.org.uk).

**Sounds Wild**

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Soundabout and the National Star College in Gloucester (<https://www.nationalstar.org/>) are going to be running a fantastic Sounds Wild project this autumn, for students with severe learning difficulties and profound and complex needs. This important project allows students to explore the natural world in a multi-sensory way, by using music and sound to create playful, interactive nature-based experiences. We still have a bit further to go to make sure that this project can run the full six weeks that will benefit the students the most.

You can make a difference by donating today to Soundabout's Sounds Wild Project.

## Background

Soundabout unlocks the potential of children, young people and adults with severe, profound and multiple learning disabilities by helping them to develop their ability to interact with the world around them through music and sound.



In the past year our Soundabout community has been disproportionately affected by the pandemic, for families that were already isolated, they were cut off entirely from services that made the difference to them. Access to therapeutic appointments and treatments changed as health services became overwhelmed. Most of all, our learning-disabled community, who normally experience higher levels of poor mental health than the general population, had an unimaginably difficult time during the pandemic.

Spending time in nature is often extremely difficult to navigate when you have high care needs, use a wheelchair and most natural spaces are not accessible. And yet, we are understanding more and more about how spending time outdoors has so many positive health benefits including on our mental health and wellbeing.

Please help our community today by donating to the Sounds Wild project and helping National Star Students access the Sounds Wild project <https://soundabout.enthuse.com/cf/sounds-wild>.

**Soundabout training membership**



Soundabout uses music to create musical communities without barriers, ensuring that people with complex and additional needs have a voice and a way to be heard. We are committed to sharing our techniques and practice as widely as possible.

Soundabout Members' Area has been created to share resources, training and ideas amongst individuals and organisations. It aims to foster collaboration between music practitioners, SEN teachers and anyone who works with people with complex and additional needs.

Benefits of a Soundabout Membership include:

- Earlybird access to live training, project bookings and events
- Access to the bank of music-making resources
- Access to ALL Soundabout Ready-To-Go training modules (worth £150) and other recorded training sessions
- Discounts on certain training and project opportunities
- Invitations to exclusive members-only training and networking events
- Private forum for networking and sharing ideas

Membership is for 12 months, after which it is possible to renew. You can become a Soundabout member here: <https://www.soundabout.org.uk/soundabout-membership/>

## Following and supporting Soundabout

You can follow us on a number of social media channels. Just click on any of the icons below.



Soundabout has a number of Enthuse fund-raising opportunities and, like many charities, is grateful for all donations you may be able to make. If you would like to support Soundabout, please visit our Enthuse page by [clicking this link](#). Thank you.



Website: [www.soundabout.org.uk](http://www.soundabout.org.uk)

John Eccles House  
Robert Robinson Avenue  
Oxford Science Park  
Oxford OX4 4GP  
Tel: 01235 797474  
Registered charity number: 1103002  
Company registered number: 5023067

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